

Small Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM							
10:00 AM	Practice Time 10:30-11:30 Bookings Required					Practice Time 10:00-11:00 Bookings Required	
11:00 AM	Practice Time 11:30-12:30 Bookings Required				Practice Time 11:00-12:00 Bookings Required		
12:00 PM							
1:00 PM							
5:30 PM	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30			
6:30 PM		Pilates Zoom & Studio 6:30 - 7:30 LULU	Business Class (Int 3) 5:30 - 6:30 CHILLI	Showgirl 6:30-7:30 PAIGE COOPER			
7:30 PM	Static Tricks Intermediate 7:30 - 8:30 OPHELIA	Inverts 7:30 - 8:30 LULU	Intro to Prep 7:30 - 8:30 CHILLI	Int Tricks & Basework 7:30-8:30 PAIGE COOPER			
8:30 PM			Practice Time 8:30 - 9:30	Practice Time 8:30 - 9:30			