

Small Room

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:00 AM						Practice Time 9:00-10:00 Bookings Required	
10:00 AM	Practice Time 10:30-11:30 Bookings Required					Practice Time 10:00-11:00 Bookings Required	
11:00 AM	Practice Time 11:30-12:30 Bookings Required				Practice Time 11:00-12:00 Bookings Required		
12:00 PM							
1:00 PM							
5:30 PM	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30	Practice Time 5:30 - 6:30			
6:30 PM	Flexibility All Levels 6:30 - 7:30 OPHELIA	Tricks - Int 1-3 7:30 - 8:30 PAIGE COOPER	Intermediate Tricks 6:30 - 7:30 LENNOX	Pilates 6:30 - 7:30 LULU			
7:30 PM	Static Tricks (Beg-Int) 7:30 - 8:30 OPHELIA	Prep Advanced 7:30 - 8:30 CHILLI	Intro to Prep 7:30 - 8:30 CHILLI	Invert Essentials 6:30 - 7:30 LULU			
8:30 PM		Practice Time 8:30 - 9:30	Practice Time 8:30 - 9:30	Practice Time 8:30 - 9:30			