

SMALL ROOM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM						PRACTICE TIME 10:00-11:00 BOOKINGS REQUIRED
11:00 AM	PRACTICE TIME 11:0-1:00 BOOKINGS REQUIRED				PRACTICE TIME 11:00-12:00 BOOKINGS REQUIRED	
5:30 PM	PRACTICE TIME 5:30-6:30	PRACTICE TIME 5:30-6:30	PRACTICE TIME 5:30-6:30	PRACTICE TIME 5:30-6:30		
6:30 PM	PRACTICE TIME 6:30-7:30	PILATES STUDIO / ZOOM 6:30 - 7:30 LULU	BUSINESS CLASS (INT 3) 6:30 - 7:30 CHILLI	SHOWGIRL 6:30-7:30 PAIGE COOPER		
7:30 PM	STATIC INTERMEDIATE 7:30 - 8:30 OPHELIA	INVERTS 7:30 - 8:30 LULU	INTRO TO PREP 7:30 - 8:30 CHILLI	INT TRICKS & BASEWORK 7:30-8:30 PAIGE COOPER		
8:30 PM	PRACTICE TIME 8:30-9:30	PRACTICE TIME 8:30-9:30	FLEXIBILITY 8:30-9:30 REGGIE	PRACTICE TIME 8:30-9:30		